

# EULO STATE SCHOOL NEWSLETTER

## From the Principal

### TRIVIA NIGHT

It is less than 2 weeks until the trivia night at the back of the Eulo Queen Hotel. We really need you to book in for dinner and play. Dinner is \$20 per person & \$20 to play. **Don't worry if you don't have a team of four. If you're happy to play as a couple or you can make a team of three!** Remember these from past trivia nights? So come on down to the Eulo Queen Hotel for a night of fun and laughs to support the children of Eulo State School.

Hello Everyone,

Welcome back to our last term for 2015! This term our parades will run in WEEK 4 and WEEK 7 at 8:45am. We hope to see all parents at parade. We will be running our Trivia Night fundraiser next Saturday night 24th October. It will be a night full of brain-teasing fun where you can show your trivial prowess to be crowned the smartest team in Eulo. Fantastic prizes to be won including; Lucky Door Prizes, Wooden Spoon and Winning Team. The Trivia Night will be raising money for the 2015 Eulo school camp. Students will be going to the Gold Coast for a week full of fun and adventure to celebrate the 2015 school year.

#### Swimming

Currently swimming will be held from 1:00pm-2:00pm on Fridays for 5 weeks starting this week Friday 16th October. Students will be taken to and from the pool by staff. Parents are welcome to collect students from the pool at 2:00pm or students may return with staff and be collect from Eulo at 3:00pm. Please ensure students bring their swimming bags each week.

#### P&C Meeting

Thank-you to everyone who attended our P&C meeting last Friday. Our final P&C meeting will be held on Friday November 13th at 2:15pm. Below is an extract from the minutes:

- \* Change of school hours for 2016 to be 8:30am – 2:30pm
- \* P&C to provide money for students on camp
- \* Trivia night Saturday 24th October
- \* End of Year concert to be held on Thursday 3rd Dec at the hall.
- \* June Hall (Regional Bank Manger NAB – Cunnamulla) will be our Auditor for 2015-2016
- \* Graduation Dinner to be organised for the last week (Hostel/School) with students and staff

#### Parent-Teacher meetings

A reminder that all parents are asked to schedule a parent teacher interviews. This is a very important process to ensure parents, teachers and all staff understand where the students are and where they are going. Please see Bianca to organise a time.



## Swimming Term 4



Bianca Lawson



Issue 16  
Newsletter Date  
16th October 2015

Pupil  
Free Day

Monday 19th  
October



**WE'RE ON THE WEB!!!**

[www.euloss.eq.edu.au](http://www.euloss.eq.edu.au)

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## BEHAVIOUR

Our school motto is “Learning Together”. We foster and develop children’s pride in their school, classroom, community and self through our daily operations and policies. Our school community has the following school rules to teach and promote our high standards of responsible behaviour:

## BE SAFE, BE RESPONSIBLE, BE RESPECTFUL

Within these standards are groups of sub-standards and each week one of these becomes the ‘focus of the week.’ On Monday mornings this focus is highlighted and the expectations for it are explicitly taught with input from all the students. If at any time you wish to view all these they are displayed on the board just inside the end of the room.

Weekly Focus	Weekly Awards	Weekly Focus	Weekly Awards
2 – Learning Together	Holly B	6 – Being Respectful	
3 – Being Responsible		7 – Being a team leader	
4 – Being an active learner		8 – Being an active learner	
5 – Being Respectful		9 – Working as a team	

## ATTENDANCE

If your child misses....	That equals....	Which is.....	and over 13 years of schooling that’s...	Which means the best your child might perform is ...
1 day per fortnight	20 Days per year	4 weeks per year	Nearly <u>1.5 years</u>	Equal to finishing in grade 11
1 hour per day	1 day per week	8 Weeks per year	Over <u>2 and a Half years</u>	Equal to finishing in grade 10

Every day counts is a state wide initiative that aims to assist in improving student attendance at school through a shared commitment by students, parents, caregivers, schools and the community to improve students' attendance at school.

To do this, every day counts promotes four key messages:

- ⇒ All children should be enrolled at school and attend on every school day
- ⇒ Schools should monitor, communicate and implement strategies to improve regular school attendance
- ⇒ Truancing can place a student in unsafe situations and impact on their future employability and life choices
- ⇒ Attendance at school is the responsibility of everyone in the community

For further information on the importance of regular school attendance, please visit:

<http://www.education.qld.gov.au/everydaycounts/schools/research-schoolattendance.html>

## Parent Information

### Making The Most Of Technology! Promoting Emotional Health And Well-Being In The 21<sup>st</sup> Century (Emotional Health And Well Being Applications And Websites)

Love it or loathe it, technology is here to stay with more and more young people turning to the internet and smart phones to seek help. The following is a compilation of the many available apps, websites and online programmes that address the emotional health and well-being of adults, teenagers and children.

They are for information purposes only and not intended as a substitute for professional health advice or therapy.

The choice of app or programme depends upon a variety of factors, including evidence base, cost, platforms and personal preferences.

The Young and Well Cooperative Research Centre provides a number of publications to support the evaluation of mental health technology, including the **Mobile Application Rating Scale (MARS)**

The MARS is a simple, objective and reliable tool for classifying and assessing the quality of mobile health apps and is available [www.youngandwellcrc.org.au/knowledge-hub/publications/mars/](http://www.youngandwellcrc.org.au/knowledge-hub/publications/mars/)

#### APPLICATIONS FOR EMOTIONAL HEALTH AND WELL BEING FOR CHILDREN AND TEENAGERS


The following is a compilation of the many available apps that may assist emotional health and well-being.

Available to download on App Store, those with  are also available as an android app on Google Play.

Costs and requirements may vary. Some also have accompanying website programmes.




**Breathe Think Do**  
Provides tools to help children build skills for resilience

and overcome everyday challenges and stressful situations. **(FREE)** 

[www.SeasameStreet.org/Challenges](http://www.SeasameStreet.org/Challenges)




**Feel Electric**  
Empowers children to explore their

emotions by building expressive vocabulary skills. Features include three fast-paced games, digital diary and story maker. **(FREE)** 




**Positive Penguins**  
Interactive journey to help children

understand why they feel the way they do and how they can challenge their unhelpful thoughts.  **(FREE)**

[www.positivepenguins.com](http://www.positivepenguins.com)



**IF: The Emotional IQ Game**  
Interactive adventure game

which provides children the tools to help them manage their emotions in a healthy way. **(FREE)** 

[www.ifgame.com](http://www.ifgame.com)



**Emotions Playkit**  
A multi-sensory method to help children identify


and express feelings. Includes calming activities, music and an interactive mirror.

**(iPad only)**



**Kidoko My Emotions**  
Interactive storybook of

emotions. Includes a memory match game, with rising levels of difficulty.

**(FREE)** 




**The Alien Adventure**  
Interactive story which teaches

children social and emotional skills and how to identify and deal with inappropriate behaviour. **(FREE)** 



**Take a Stand Together**  
Provides children with tips and

advice which they can apply to different bullying situations. **(FREE)** 

[www.takeastandtogether.gov.au](http://www.takeastandtogether.gov.au)

# CALENDAR OF EVENTS

September 18th Term 3 ends

October 19th Pupil free day

19th - 21st Morven Cluster Meeting—Bianca to attend  
22nd Eulo Playgroup

24th **Eulo SS's Trivia Night**—Eulo Queen Hotel

27th Cunnamulla Library Visit

29th Paroo Contact and Eulo Playgroup

November 4th NRL Fun Day in Cunnamulla

5th Budget Workshop Cunnamulla—Bianca to attend



## P & C News

The next meeting of the Eulo State School P & C Association is on Friday 13th November in the school library at 2.15pm. All parents and others interested in our school are warmly invited to attend.



## Community Information



Back by popular demand  
Trivia Night in Eulo yah!!



Flying Doctor Clinic Day Eulo  
Program for September



23rd October— John Eila

6th November— Claire Schmidt

TO MAKE AN APPOINTMENT FOR A  
CONSULTATION CALL THE

CHARLEVILLE BASE

ON 46541233

MONDAY - FRIDAY 9AM - 4.30PM

APPOINTMENTS CLOSE AT MIDDAY ON  
THE DAY

BEFORE CLINICS

Or you can email them on

[rfd\\_s\\_cvl@rfd\\_s.com.au](mailto:rfd_s_cvl@rfd_s.com.au)

& someone will reply to your email with an  
appointment time



Pool Competition

Eulo Queen Hotel

Saturday 31st September

Starting 2:00pm

Referee & Hotel Rules apply!!

Followed by a BBQ

Then, back by popular demand

Double Barrel will be performing until late.

Hope to see you all there for a fun day and night, for  
accommodation queries phone us on 4655 4867 or just bring  
your swags



Church Reminder  
Next Mass should be  
Sunday 25th October at 9am  
All Welcome

Help watch over our school  
Report suspicious acts  
School watch no 131788



# TEAM TRIVIA<sup>®</sup>



**Date: Saturday  
24/10/2015**

## **Eulo State School**

**TRIVIA  
NIGHT**

**Eulo Queen Hotel  
Time: 6:00pm**

### **4 MEMBERS PER TEAM**

Team registration by  
21st October 2015 to Eulo State School  
Phone: 4655 4898  
Email: [admin@euloss.eq.edu.au](mailto:admin@euloss.eq.edu.au)

#### Admission:

\$20 per person for Trivia  
\$20 per person for Dinner  
Kids under 12 free

**Draws and Prizes throughout the night!**

## EULO PLAYGROUP DATES

Week	Date and Time
3	Thursday 22 <sup>nd</sup> October – Playgroup/KEYS Day 9:00AM-11:00AM Cunnamulla KEYS Visit at 10:00am at the Kindy (Meet at Eulo first and leave about 9:20am)
4	Thursday 29 <sup>th</sup> October – Paroo Contact/Playgroup 9:00AM-11:00AM  Friday 30 <sup>th</sup> October PRE-PREP ONLY 9:30am – GO visit with school readiness screeners (please let me know <b>if you can't make this and we can organise another time</b> )
5	FRIDAY 6 <sup>th</sup> November – Playgroup + Speech 9:00AM-11:00AM Speech Pathology Visit with screeners and Information session
6	Pre-Prep Program for 2016 Preps Tuesday 10 <sup>th</sup> , Wednesday 11 <sup>th</sup> , Thursday 12 <sup>th</sup> November 9:00AM-12:00PM
7 Last Play- group for 2015	Thursday 19 <sup>th</sup> November - Playgroup 9:00AM-11:00AM

### Eulo State School

We may be  
**OUTBACK**  
But we're  
**INFRONT**  
In Education  
In S W Qld

#### Statement of Purpose

Our aim is to provide opportunities for each child to reach their potential socially, emotionally, intellectually, physically and spiritually. We aim to do this in a caring, professional environment, in close consultation with our local community

We strive to provide and maintain

- A safe and supportive environment in which all children are able to develop their individualism, their independence and a sense of positive self esteem.
- Effective teaching that reflects not only an emphasis on basic skills but on individual and creative skills as well.
- Initiatives which are challenging and rewarding to students
- A strong relationship between home and school that continues to support students individual development.



**Queensland Government**

Phone: 07 46554898

E-mail: [the.principal@euloss.eq.edu.au](mailto:the.principal@euloss.eq.edu.au)

Leo St, Eulo, Q 4491

EULO STATE SCHOOL STUDENTS TURN DUST INTO GOLD